ORDERS
HOUGHT
MEET
BY
HIS
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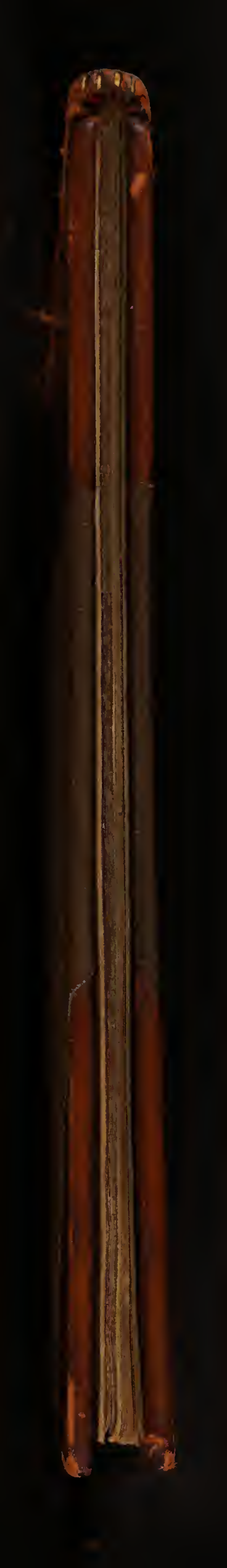
AND

HIS
PRIVIE
OUNCELL



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ORDERS, THOVGHT MEET BY HIS MAIESTIE, AND his Priuie Councell, to be executed throughout the Counties of this Realme, in such Townes, Villages, and other places, as are, or may be hereafter infected with the Plague, for the stay of further increase of the same.

Also,

An Aduice set downe by the best learned in Physicke within this Realme, containing sundrie good Rules and easie Medicines, without charge to the meaner sort of people, as well for the preseruation of his good Subiects from the Plague before Infection, as for the curing and ordering of them after they shall be *infected.*

LONDON,
Printed by IOHN BILL, Printer to the Kings most Excellent Maiestie. 1625.

ORDERS THOVGHT meet by his Maieſtie and his Priuie Councell, to be executed throughout the Counties of this Realme, in ſuch Townes, Villages, and other places, as are, or may be hereafter infected *with the Plague, for the ſtay of further increaſe of the ſame.*

AS the moſt louing and gracious care of his MAIESTIE for the preſeruation of his people, hath already beene earneſtly ſhewed and declared by ſuch meanes and wayes as were thought expedient to ſuppreſſe the grieuous Infection of the Plague, and to preuent the increaſe thereof, within the Citie of *London*, and parts about it; ſo whatſoeuer other good meanes may be yet remaining, which may extend and proue behouefull to the Countrey abroad (where his MAIESTIE is ſorie to vnderſtand that the Contagion is alſo in many places diſperſed) it is likewiſe his graci-

ous pleaſure that the ſame be carefully prouided and put in practiſe. And therefore hauing taken knowledge of certaine good Orders that were vpon like occaſion publiſhed in times paſt; together with certaine Rules and Medicines preſcribed by the beſt and moſt learned Phyſitians; and finding both of them, to ſeruc well for the preſent time, his MAIESTIE is pleaſed that the ſame ſhall be renewed and publiſhed: And withall ſtraightly commandeth all Iuſtices of the Peace and others to whom it may appertaine, to ſee the ſaid Orders duely executed.

IN primis, All the Juſtices in euerie Countie, as well within the Liberties as without, immediatly vpon knowledge to them giuen, ſhall aſſemble themſelues together at ſome one generall place accuſtomed, being cleare from Infection of the Plague, to conſult how theſe Orders following may be duely put in execution, not meaning that any Juſtices dwelling in or neare places infected, ſhall come thither, whiles their comming may bee doubtfull. And after their firſt generall aſſembly, they ſhall make a diſtribution of themſelues to ſundry limits and diuiſions, as in other common ſeruices of the Countie they are accuſtomed to doe, for the proſecution thereof.

2 Firſt,

2 First, they shall inquire, and presently informe themselues by all good meanes, what Townes and Villages are at the time of such assemblie infected within euery their Counties, and in what Hundred or other diuision, the said Townes and Villages are, and how many of the same places so Infected, are corporate Townes, market Townes and Villages, and shall consider of what wealth the inhabitants of the same Townes and Parishes are, to bée able to relieue the poore that are or shall be infected, and to bée restrained in their houses.

3 Item, thereupon after conference vsed according to the necessitie of the cause, they shall deuise and make a generall taxation, either by charging the Towne infected with one summe in grosse, or by charging the speciall persons of wealth within the same, to be forthwith collected for the rate of one moneth at the first, and so if the sickneſſe shall continue, the collection of the like summe, or of more or of lesse, as time and cause shall require, and the same to be euery first, second, third, or fourth wéeke employed to and for the execution of the said orders. And in case some of the said Townes infected shall manifestly appeare not to be of sufficient abilitie to contribute sufficient for the charges requisite, then the taxation or collection shall bée made or further extended to other parts, or in any other further limits, as by them shall be thought requisite where there shall bée any such Townes or villages so infected, and vnable to relieue themselues. And if the said Townes be scituated in the borders and confines of any o-

ther shire, then as the Iustices shall see cause and neede for the greatnesse of the charge requisite, that the parts of the shire ioyning to the Townes infected be not able, they shall write their letters to the next Iustices of the other Shire so confining, to procure by collection some relieke, as in like cases they are to relieue them, in respect of neere neighbourhood of the place, and for that the same infection may bee the better staied from the said adioyning places, though they be separated by name of the Countie.

4 Item, they shall cause to be appointed in euery Parish aswell infected as not infected, certaine persons to view the bodies of all such as shall die, before they be suffered to be buried, and to certifie the Minister of the Church and Churchwarden, or other principall officers, or their substitutes of what probable disease the said persons died: and the said viewers, to haue weekely some allowance, and the more large allowance where the Townes or Parishes bee infected, during the infection, towards their maintenance, to the end they which shall bee in places infected, may forbeare to resort into the company of others that are sound: and those persons to bee sworne to make true report according to their knowledge, and the choise of them to be made by direction of the Curate of the Church, with three or foure substantiall men of the Parish. And in case the said viewers either through fauour or corruption, shall giue wrong certificate, or shall refuse to serue being thereunto appointed, then to cause them to be

punished

punished by imprisonment, in such sort as may serue for a terror to others.

5 Item, the houses of such persons out of the which there shall die any of the plague, being so certified by the viewers, or otherwise knowne, or where it shall bée vnderstood, that any person remaineth sicke of the plague, to bée closed vp on all parts during the time of restraint, viz. six wéeks, after the sickenesse bée ceased in the same house, in case the said houses so infected shall bée within any Towne hauing houses nére adioyning to the same. And if the infection happen in houses dispersed in Villages, and separated from other houses, and that of necessitie, for the serving of their cattle, and manuring of their ground, the said persons cannot continue in their houses, then they to bée neuertheless restrained from resorting into company of others, either publikely or priuately during the said time of restraint, and to weare some marke in their vppermost garments, or beare white rods in their hands at such time as they shall goe abroad, and if there be any doubt that the masters and owners of the houses infected, will not duely obserue the directions of shutting vp their doores, specially in the night, then shall there be appointed two or thrée watchmen by turnes, which shall be sworne to attend and watch the house, and to apprehend any person that shall come out of the house contrary to the order, and the same persons by order of the Justices, shall be a competent time imprisonned in the stockes in the high way next to the house infected: and furthermore, some speciall marke shall bée made and fixed

to

to the dooꝛes of euery of the infected houſes, and where any ſuch houſes ſhall bée Innes oꝛ Alehouſes, the ſignes ſhall be taken downe foꝛ the time of the reſtraint, and ſome croſſe oꝛ other marke ſet vpon the place thereof to be a token of the ſickneſſe.

6 Item, they ſhall haue good regard to chuſe honeſt perſons that either ſhall collect the ſummes aſſeſſed, oꝛ ſhall haue the cuſtodie thereof, and out of the ſaid collection to allot a wéekely pꝛopoꝛtion foꝛ the finding of victuall, oꝛ fire, oꝛ medicines foꝛ the pooꝛer ſoꝛt, during the time of their reſtraint. And whereas ſome perſons being well diſpoſed to yéeld almes and reliefe, will be moꝛe willing to giue ſome poꝛtions of victuall, as corne, bꝛead, oꝛ other meat, the ſame ſhall be committed to the charge of ſome ſpeciall perſons, that will honeſtly and truly pꝛeſerue the ſame, to be diſtributed as they ſhall be appointed foꝛ the pooꝛe that are infected.

7 Item, to appoint certaine perſons dwelling within the townes infected, to pꝛouide and deliuer all neceſſaries of victualls, oꝛ any matter of watching oꝛ other attendance, to keepe ſuch as are of good wealth being reſtrained, at their owne pꝛoper coſts and charges, and the pooꝛe at the common charges: and the ſaid perſons ſo appointed to be oꝛdered, not to reſoꝛt to any publique aſſembly during the time of ſuch their attendance, as alſo to weare ſome marke on their vpper garment, oꝛ to beare a white rod in their hand, to the end others may auoid their company.

8 Item,

8 Item, that in the Shire towne in euery Countie, and in other great townes méet for that purpose, there may bée prouision bespoken and made, of such preseruatiues and other remedies, which otherwise in meaner townes cannot be readily had, as by the Physicians shall be prescribed, and is at this present reduced into an Aduise made by the Physicians, and now printed and sent with the said Orders, which may be fixed in market places, vpon places vsuall for such publique matters, and in other townes in the bodies of the parish Churches, and Chappels, in which aduise onely such things are prescribed, as vsually are to be had and found in all Countreys without great charge or cost.

9 Item, the Ministers and Curates, and the Churchwardens in euery parish, shall in writing certifie weekely to some of the Justices, residing within the Hundred or other limit where they serue, the number of such persons as are infected and doe not die, and also of all such as shall die within their parishes, and their diseases probable whereof they died, and the same to be certified to the rest of the Justices at their assemblies, which during some conuenient time would bée euery one and twentie dates, and thereof a particular booke kept by the Clerke of the peace or some such like.

10 Item, to appoint some place apart in each parish for the buriall of such persons as shall die of the plague, as also to giue order that they bée buried after Sunne setting, and yet neuertheless by day light, so as the Curate be present for the

obseruation of the Rites and Ceremonies prescribed by the Law, foreséeing as much as conueniently he may, to be distant from the danger of infection of the person dead, or of the company that shall bring the corpse to the graue.

11 Item, the Iustices of the whole Countie to assemble once in one and twentie daies, to examine whether those orders bée duely executed, and to certifie to the Lords of the Priuie Councell their procéedings in that behalfe, what Townes and Villages be infected, as also the numbers of the dead, and the diseases whereof they died, and what sums of money are tared and collected to this purpose, and how the same are distributed.

12 Item, the Iustices, of the hundred, where any such infection is, or the Iustices next adioyning thereunto, to assemble once a wéeke, to take accompt of the execution of the said Orders, and as they finde any lacke or disorder, either to reforme it themselues, or to report it at the generall assemblie there, to bée by a more common consent reformed.

13 Item, for that the contagion of the plague groweth and encreaseth no way more, then by the vse and handling of such clothes, bedding and other stuffe as hath béene worne and occupied by the infected of this disease, during the time of their disease: the said Iustices shall in the places infected take such order, that all the said clothes and other stuffe, so occupied by the diseased, so soone as the parties diseased of the plague are all

of

of them either well recouered or dead, bée either burnt and cleane consumed with fire, or else ayred in such sort as is prescribed in an especiall article contained in the Aduise set downe by the Physicians. And for that peraduenture the losse of such apparel, bedding and other stuffe to be burnt, may be greater then the poore estate of the owners of the same may well beare: it is thought very good and expedient, if it bée thought méet it shall bée burnt, that then the said Iustices, out of such collections as are to be made within their Counties for the relieke of the poorer sort that bée infected, allow also to them such summe or sums as to them shall be thought reasonable, in recompence of the losse of their said stuffe.

14 Item, the said Iustices may put in execution any other Orders that by them at their generall assembly shall bée deuised and thought méet, tending to the preseruation of his Maiesties subiects from the infection: and to the end their care and diligence may the better appeare, they shall certifie in writing the said Orders newly deuised: and if any shall wilfully breake and contemne the same or any of the orders herein specified, they shall either presently punish them by imprisonment, or if the persons so contemning them, shall be of such countenance as the Iustices shall thinke méet to haue their faults knowne to his Maiestie, or to the Councell, they shall charge and binde them to appeare before Vs, and the contempt duly certified, that there may be a more notorious sharpe example made by punishment of the same by order of his Maiestie.

15. Item, if there be lacke of Iustices in some parts of the Shire, or if they which are Iustices there shall be for the time absent, in that case the more number of the Iustices at their assembly shall make choice of some conuenient persons to supplie those places for the better execution hereof.

16. Item, if there be any person Ecclesiasticall or Lay, that shall hold and publish any opinions (as in some places report is made) that it is a vaine thing to forbeare to resort to the Infected, or that it is not charitable to forbid the same, pretending that no person shall die but at their time prefired, such persons shall be not onely reprehended, but by order of the Bishop, if they be Ecclesiasticall, shall be forbidden to preach, and being Lay, shall be also enioyned to forbeare to vtter such dangerous opinions vpon paine of imprisonment, which shall be executed, if they shall perseuere in that error. And yet it shall appeare manifestly by these Orders, that according to Christian charitie, no persons of the meanest degree shall be left without succour and relefe.

17. And of these things aboue mentioned, the Iustices shall take great care, as of a matter specially directed and commanded by his Maiestie vpon the princely and naturall care he hath conceiued towards the preseruation of his subiects, who by very disorder, and for lack of direction doe in many parts wilfully procure the increase of this generall contagion.

An

An aduiſe ſet downe by the beſt learned in Phyſicke within this Realme:

Containing ſundry good Rules and eaſie Medicines, without charge to the meaner ſort of people, as well for the preſeruation of his good *Subiects from the Plague before infection, as for* the curing and ordering of them after they ſhall be infected.

Preſeruatiue by correcting the aire in houſes.

TAke Roſemarie dried, or Iuniper Bay-leaues, or Frankincenſe, caſt the ſame on a Chafendiſh, and receiue the fume or ſmoke thereof: ſome aduiſe to be added Lauander, or Sage.

Alſo to make fires rather in pannes, to remoue about the Chamber, then in Chimneys, ſhall better correct the aire of the houſes.

Take a quantity of Vineger very ſtrong, and put to it ſome ſmall quantitie of Roſewater, ten branches of Roſemarie, put them all into a Baſen, then take fiue or ſix Flintſtones, heated in the fire till they be burning hot, caſt them into the ſame Vineger, and ſo let the fumes be receiued from place to place of your houſe.

Perfuming of Apparell.

SUch apparell as you ſhall commonly weare, let it bee very cleane, and perfume it often either with

with ſomered Saunders burned, or with Iuni per. And if any ſhall happen to be with them that are viſited, let ſuch perſons as ſoone as they ſhall come home, ſhift themſelues, and aire their clothes, in open aire for a time.

Preſeruation by way of defence in open aire, and common aſſemblies to be vſed outwardly.

IT is good in going abroad into the open aire in the ſtréets, to hold ſome things of ſwéet ſauour in their hands, or in the corner of an handkerchiefe, as a ſponge dipped in Vineger and Roſewater mixed, or in Vineger, wherein Wormewood, or Rue called alſo Herbegrace, hath béene boyled.

Preſeruatiue by way of inward medicine.

TAke a quantitie of Rue, or Wormewood, or of both, & put it into a pot of vſuall drinke, cloſe ſtopped, let it lie ſo in ſteepe a whole night, and drinke thereof in the morning faſting.

In all Sommer plagues, it ſhall be good to vſe Sorrel ſauce to be eaten in the morning with bread. And in the fall of the leafe to vſe the iuyce of Barberies with bread alſo.

Mens bodies are apt to take infection, either

- By the conſtitution of the heart, the vitall ſpirits being weake, and the naturall heat féeble, in which caſe things Cordiall are to be vſed.
- By repletion, the body being filled with humors, either
  - Good, and then is the party to be let bloud.
  - Euill, and then is he to be cured w̄ medicine purgatiue.

Preſerua-

Preseruatiues Cordials.

Mithridates Medicine.

TAke of good Figges, not wormeaten, cleane washed, of Walnuts the kernels cleane picked, of either of them an hundred, of the leaues of greene Rue, otherwise called Herbegrace, the weight of ii. ß. of common Salt the weight of iii. ß. cut the Figges in pieces, and stampe them and the Walnut kernels together in a morter of marble or wood a good space, vntill they be very small, & then put the Rue leaues vnto them, stampe and stirre them well together with the rest, last put in the Salt and stamp and stir these things together, vntill they be incorporated & made of one substance. Of the which take the quantitie of ii. or iii. Figges euery morning fasting, to children the halfe will serue, and he that listeth to increase or diminish the substance of this medicine, shal easily do it, by taking of a greater or lesse quantity of the simples according to a due proportion.

A well approued Medicine to preserue.

TAke of the finest cleare Aloes you can buy, in colour like to a Liuer, & therefore called Hepatica, of Cinamon, of Myrrh, of each of these the weight of iii. French crownes, or of xxii. d. of our money, of Cloues, Maces, Lignum Aloes, of Mastick, of Bole Oriental, of each of these halfe an ounce: mingle them together and beat them into a very fine powder. Of the which take euery morning fasting the

weight

weight of a groat of this in white wine delayed with water, and by the grace of God you shall bée safe from the Plague. No man which is learned, if he examine the simples of this medicine whereof it consisteth, and the nature and power of them, can deny but that it is a medicine of great efficacy against the Plague, and the simples whereof it is made, are easily to bée had in any good Apothecaries shop, except Bole Oriental, which is used in the stead of true Bolus Armenus.

Take a drie Figge and open it, and put the Kernell of a Walnut into the same being cut very small, three or foure leaues of Rue, commonly called Herbegrace, a corne of Salt, then roll the Figge and eat it warme, fast iii. or iiii. houres after it, and use this twice in the wéeke.

Take the powder of Turmentil, the weight of vi. pence with Sorrel or Scabious water in Summer, and in Winter with the water of Valerian or common drinke.

Or else in one day they may take a little Wormwood, and Valerian with a graine of Salt. In another day they may take vii. or viii. berries of Juniper, dried and put in powder, and taking the same with common drink, or with drinke in which Wormwood and Rue hath béene steéped all the night.

Also the triacle called Dietessearoum, which is made but of 4 things of light price easie to be had.

Also the root of Enula Campana, either taken in powder with drinke, or hanged about the brest.

Likewise a péece of Arras root kept in the mouth as men passe in the streets is verie good Cordiall.

Take six leaues of Sorrell, wash them with water and Vineger, let them lie to steepe in the said

water

water and Vineger a while, then eat them fasting, and keepe in your mouth and chewe now or then either Stewall, or the roote of Angelica, or a little Cinamon.

Take the roote of Enula Campana being layd and steeped in Veneger, and grosse beaten, put a little of it in a handkerchiefe, and smell to it if you resort to any that is infected.

¶ For women with child, or such as be delicate and tender, and cannot away with taking of Medicines.

MAke a tost of white or of the second bread as you thinke good, and sprincle on it being hot, a little good wine-Vineger, made with Rose leaues, and for want of it, any good common, or vsed Veneger, and spred on the tost a little butter, and cast thereon a little powder of Cinamon, and eat it in the morning fasting. The poore which cannot get Vineger nor buy Cinamon, may eat bread and butter alone: for butter is not only a preseruatiue against the Plague, but against all manner of poysons.

When one must come into the place where infectious persons are, it is good to smell to the root of Angelica, Gentian, or Valerian, and to chew any of these in his mouth.

Another preseruatiue for the Poore.

IT shall be good to take an handfull of Rue, and as much common Wormewood, and bruse them a little: and put them into a pot of earth or tinne, with so much Vineger as shall couer the hearbes: keepe this pot close couered, or stopped, and when you feare any infection, dippe into this Vineger a peece of a sponge, and carrie it in your hand and smell to it, or else put it into a round ball of Yuorie, or Iu-

niper made full of holes of the one side, carrying it in your hand vse to smell thereunto, renewing it once in a day.

To be vsed after infection taken.

FOr as much as the cause of the Plague standeth rather in poyson, than in any putrifaction of humours, as other agues doe, the chiefest way is to moove sweatings, and to defend the heart by some Cordiall thing.

Suppositarie.

IF the patient be costiue and bound in his bodie, let him take a Suppositarie made with a little boyled Honie, and a little fine poulder of Salt, and so taken in at the Fundament, and kept till it moove a stoole.

An excellent Medicine made without charges.

TAke of the poulder of good Bayberies, the huske taken away from them, before they be dryed, a spoonefull: Let the Patient drinke this, well mingled in a draught of good stale Ale or beere, which is neither soure, nor dead, or with a draught of white-Wine, and goe to bed and cast himselfe into a sweate, and forbeare sleepe as is aforesaid.

Another soueraigne remedie, that is, a stilled water.

TAke the inward barke of the Ashe tree, a pound of Walnuts with the greene outward shelles, to the number of fiftie, cut these small, of Scabious, of Veruen, of Petimorell, of Houseleeke, of euery one a handfull, of Saffron halfe an ounce, powre vpon these the strongest Vineger you can get, foure pintes,

pintes, let them a little boyle together vpon a very soft fire, and then stand in a very close pot well stopt all a night vpon the embers, afterward distill them with a soft fire, and receiue the water close kept. Giue vnto the Patient laide in bed and well couered with clothes, two ounces of this water to drinke, and let him be prouoked to sweate, and euery sixe houres, during the space of twenty foure houres, giue him the same quantitie to drinke. This medicine for the worthinesse thereof, and because it will stand the maker thereof in little charge, it shall be very well done to distill it in Sommer when the Walnuts hang greene on the tree, that it may be ready against the time that occasion serueth to vse it.

1. *Bloodletting.*

IF the Patient be full of humors which be good, let him immediatly be let bloud vpon the Liuer veine in the right arme, or in the Median veine of the same arme (if no sore appeare) in the first day.

2. Medicine purgatiue.

FOr the Poore take Aloes the weight of sixe pence, put in the pappe of an Apple: and for the richer Pilles of Rufus to be had in euery good Apothecaries shop. After letting of bloud and purging (as shall be needfull) some of the forenamed Cordials are to be vsed.

These preparations thus vsed the first day that the Patient shall fall sicke, as cause shall be to vse the one or the other (no sore appearing) in which case if the sore shall appeare, they are both to bee

forborne, the next is to vse all meanes to expell the poyson, and to defend the heart by Cordials.

3. Medicament expulsiue.

THe poyson is expelled best by sweatings prouoked by posset Ale, made with Fenell and Marigolds in Winter, and with Sorrell, Bugloss and Borage in Sommer, with the which in both times they must mixe the Triacle of Diatessaroum, the weight of ix. d. and so to lay themselues with all quietnesse to sweat one halfe houre, or an houre if they be strong. For they that be neither full of humours nor corrupt in humours, neede neither purging nor letting of bloud, but at the first plunge may moue themselues to sweate with Cordiall things mixt with such things as moue sweate, and are before declared.

What is to be done when there is any rising or swelling in any part.

THen if by these three means the poison be expelled outward by botches, carbuncles or markes, called Gods marks, according as nature doth expell, so must the further proceedings be, prouiding still, that they continue still in the vse of the cordiall and moderate sweating now and then, all the time that the sores be in healing, which must by the Surgion be handled with great discretion.

Medicines to be vsed in ordinarie diet.

IT is thought that the poulder of Harts horne hath a speciall prerogatiue, to be vsed all the time

time of their sickness in their broths, and supping, which in Sommer must euer haue Sorrell, Borage, Buglasse, and in Winter, Betony, and Scabious, or Morsus Diaboli: and if their habilities do not serue, let them vse it with Aleburies made with a little Nutmegge, or one Cloue, or with Cawdles in like maner made with Cloues, Maces, Nutmegs, Sanders or such like.

Both to preserue and cure the sickenesse.

TAke an egge and make a hole in the top of it, take out the white and yolke, fill the shell with the weight of two french crownes of Saffron, roste the said egge thus filled with Saffron vnder the embres, vntil the shell begin to waxe yellow, then take it from the fire, and beate the shell and Saffron in a morter together, with halfe a spoonefull of Mustard seed, take of this poulder a french crown weight, and as soone as you suspect your selfe infected, dissolue it into ten spoonefuls of posset ale, and drinke it luke warme, then go to bed and prouoke you selfe to sweating.

To be vsed in the first time of the sickenesse.

ANother is to take fiue or six handfull of Sorrell that groweth in the field, or a greater quantitie according as you will distill more or lesse of the water thereof, and let it lye infused or steeped in good Vineger the space of foure and twentie houres, then take it off and drie it with a linnen cloth put into a Limbecke, and distill the water thereof: And assoone as you finde your selfe touched with the sickenesse, drinke foure spoonefuls of the said water with a little sugar, and if you be able,

able, walke vpon it vntill you doe ſweate, if not, keepe your bed, and being well couered, prouoke your ſelfe to ſweating, and the next day to take as much againe of it, a little before ſupper.

Item, to prouoke vomit with two ounces of ranke oyle, or walnut oyle, a ſpoonefull of the iuice of Celendine, and halfe a ſpoonefull of the iuice of radice root, ſo that the partie Infected do walke and not ſleepe, is better then any letting of bloud, or any purging. For the diſeaſe neither can ſuffer agitation of humors, nor when one is infected, hath no time to bleede or to purge.

Outward Medicines for to be applyed to the ſore.

The firſt.

TAke of Scabious two handfuls, ſtampe it in a ſtone morter with a peſtell of ſtone if you can get any ſuch, then put vnto it of old ſwines greaſe ſalted, two ounces, and the yolke of an egge, ſtampe them well together, and lay part of this warme to the ſore.

The ſecond.

TAke of the leaues of Mallowes, of Camomill flowers, of either of them an handfull, of Linſeede beaten into poulder two ounces, boyle the Mallow leaues firſt cut, and the flowers of the Camomill in faire water, ſtanding aboue a fingers breadth, boyle all them together, vntill all the water almoſt be ſpent: then put thereunto the Linſeede, of Wheate flower halfe an handfull, of

ſwines

ſwines greaſe the ſkins taken away, three ounces, of oyle of Roſes two ounces, ſtirre them ſtill with a ſticke, and let them all boyle together on a ſoft fire, without ſmoake, vntill the water be vtterly ſpent, beat them all together in a morter, vntill they be well incorporated together, and in feeling ſmooth and not rough: then make part thereof hot in a diſh ſet vpon a chaſſindiſh of coales, and lay it thicke vpon a linnen cloth, applying it to the ſore.

Another excellent Medicine to ripen and bring out the ſore.

TAke a white Onion cut in peeces, of freſh butter iij ounces, of Leuen the weight of xij d. of Mallowes one handfull, of Scabious (if it may be had) one handfull, of Cloues of Garlicke the weight of xx d. boyle them on the fire in ſufficient water, and make a pulteſſe of it, and lay it warme to the ſore.

Another.

TO the ſore it ſelfe doe thus. Take two handful of Valerian, three roots of Danewort, a handfull of Smalledge, or Louage, if you can get it, ſeethe them all in buter and water, and a few crummes of bread, and make a pulteſſe thereof, and lay it warme to the ſore vntill it breake.

Another for the ſame.

IF you cannot haue theſe herbes, it is good to lay a loafe of bread to it hot as it commeth out of the ouen (which afterward ſhall bee burnt, or buried in the earth) or the leaues of Scabious or Sorrell roſted, or two or three Lillie roots roſted vnder embers, beaten and applied.

A generall

¶ A generall medicine for all sortes of people taken with the Plague, to be had without cost.

TAke of the roote of butter burre, otherwise called pestilent wort, one ounce, of the root of great Valerian a quarter of an ounce, of Sorrell an handfull, boyle all these in a quart of water to a pint, then straine it, and put thereto two spoonefuls of Vineger, two ounces of good Sugar: boyle all these together vntill they be well mingled, let the infected drinke of this so hot as he may suffer it, a good draught, and if he chance to cast it vp againe, let him take the same quantitie straight way vpon it, and prouoke himselfe to sweate, and he shall find great helpe.

Time of continuance apart from common assemblies.

SUch as haue beene infected, should keepe their house, without being conuersant with the whole, vntill the sores shall haue left running and be perfectly whole and sound, which in sanguine and cholerike persons will be healed sooner, than in melancholike, and flegmatike complexions.

SUch persons may not well bee conuersant with them which are not infected, for the space of one moneth.

Infected clothes.

THe Contagion suspected to remaine in clothes, either woollen or linnen, cannot well be auoyded by better meanes than by fire and water, by often washing and airing the same in frosts, and sun-shine, with good discretion, and burning the cloths of small value.

FINIS.